

Lawton Instrumental Activities of Daily Living (IADLs)

A. Ability to Use Telephone	1. Operates telephone on own initiative; looks up and dials numbers	1
	2. Dials a few well-known numbers	1
	3. Answers telephone, but does not dial	1
	4. Does not use telephone at all	0
B. Shopping	1. Takes care of all shopping needs independently	1
	2. Shops independently for small purchases	0
	3. Needs to be accompanied on any shopping trip	0
	4. Completely unable to shop	0
C. Food Preparation	1. Plans, prepares, and serves adequate meals independently	1
	2. Prepares adequate meals if supplied with ingredients	0
	3. Heats and serves prepared meals or prepares meals but does not maintain adequate diet	0
	4. Needs to have meals prepared and served	0
D. Housekeeping	1. Maintains house alone with occasion assistance (heavy work)	1
	2. Performs light daily tasks such as dishwashing, bed making	1
	3. Performs light daily tasks, but cannot maintain acceptable level of cleanliness	1
	4. Needs help with all home maintenance tasks	1
	5. Does not participate in any housekeeping tasks	0
E. Laundry	1. Does personal laundry completely	1
	2. Launders small items, rinses socks, stockings, etc	1
	3. All laundry must be done by others	0
F. Mode of transportation	1. Travels independently on public transportation or drives own car	1
	2. Arranges own travel via taxi, but does not otherwise use public transportation	1
	3. Travels on public transportation when assisted or accompanied by another	1
	4. Travel limited to taxi or automobile with assistance of another	0
	5. Does not travel at all	0
G. Responsibility for Own Medications	1. Is responsible for taking medication in correct dosages at correct time	1
	2. Takes responsibility if medication is prepared in advance in separate dosages	0
	3. Is not capable of dispensing own medication	0
H. Ability to Handle Finances	1. Manages financial matters independently (budgets, writes checks, pays rent and bills, goes to bank); collects and keeps track of income	1
	2. Manages day-to-day purchases, but needs help with banking, major purchases, etc	1
	3. Incapable of handling money	0

TOTAL POINTS = _____ *Scoring:* For each category, circle the item description that most closely resembles the client's highest functional level (either 0 or 1).