

INTERNATIONAL NUTRITION SURVEY 2014



The countdown is on!

The International Nutrition Survey 2014 is under four months away!



What is the International Nutrition Survey (INS)?

A Quality Improvement Initiative

- The INS is an ongoing quality improvement initiative, aimed at comparing current nutrition practices in adult ICUs within and across different countries.
- The goal is to illuminate gaps between best and current practice, highlight strengths and weaknesses, and identify nutrition practice to target for quality improvement initiatives.

Aimed at Generating New Knowledge

- To determine factors associated with optimal provision of nutrition
- To determine what nutrition practices are associated with best clinical outcomes

Why should you participate?

After enrolling 20 patients (see inclusion criteria below) and completing the study, ICUs are provided with a [benchmarked performance report](#) that highlights your strengths and weaknesses in comparison to the Canadian Clinical Practice Guidelines. Please note:

- To receive a site report, sites must enroll and finalize data on 15 patients within the specified timelines.
- To be eligible for the [Best of the Best award](#) and receive a site report, sites must enroll and finalize 20 patients by **Feb 15th 2015 the latest!**

Inclusion Criteria

- 1) Adults ≥ 18 years (or ≥ 16 if approved locally at your site)
- 2) Mechanically ventilated at or within 48 hours of admission to the ICU

Exclusion Criteria

- 1) Mask ventilated patients
- 2) Discharged from the ICU <72 hours from admission

Next steps in preparing for the INS 2014

If you are planning to participate in this year's survey:

- Add yourself to our mailing list if you have not already done so ([click here](#)).
- If you have participated in the past, look into renewing your ethics approval before it expires. We have summarized the [changes](#) since INS 2013.
- If you have not participated before, ask your research office if you require ethics approval. If you do, begin your ethics submission early, as this process can take a few months to complete! Refer to our [help document](#) for assistance with ethics submission.
- Visit our web page on www.criticalcarenutrition.com for further information on how to get started.



What is new about this year's survey?

We are very excited about some of the changes that are being implemented this year!

- **Focus on burns units: we have almost 30 burn units participating this year! There are 2 versions of the Case Report Forms, one for burn units and one for non-burn units. Please ensure you are using the correct document for your site.**
- Changes to the survey since INS 2013 are explained [here](#).

Recently Updated INS 2014 Tools

- [DRAFT Instructions and Case Report Forms for burn units](#)
- [DRAFT Instructions and Case Report Forms for non-burn units](#)
- [INS 2014 Protocol](#)
- [INS 2014 Changes document](#) highlighting what's new since INS 2013



All INS documents can be found on the [Study Tools](#) page of our website.

Contact Us

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