

# INTERNATIONAL NUTRITION SURVEY 2014



Dear Burn Unit Colleagues,

Thank you for the great response to our initial communication regarding the upcoming International Nutrition Survey (INS) 2014! To help you prepare for this exciting project, I would like to provide you with an overview of the survey and information regarding ethics submissions and timelines.

## Overview of the International Nutrition Survey

The INS is an ongoing quality improvement initiative, aimed at comparing current nutrition practices in adult ICUs within and across different countries. The goal is to illuminate gaps between best and current practice, highlight strengths and weaknesses, and identify nutrition practice to target for quality improvement initiatives.

We are encouraging all participating sites to set their sights high and strive to be the 'Best of the Best' at optimizing nutrition in their burn patients. The top 10 sites will be acknowledged at the ABA Meeting in April 2015 in Chicago with the top performing site receiving a \$1000 CDN towards attending an educational meeting of their choice.

## Timelines



This year's International Nutrition Survey will begin **September 17<sup>th</sup> 2014**. On this day, you will identify patients that are in your unit that meet the inclusion criteria. You will continue to identify patients until you have a sample size of at least 20 patients. You will then start collecting data and finalize the data entry into our web based system by **February 15<sup>th</sup> 2015**. Refer to diagram below.



**If you start after September 17<sup>th</sup> 2014:** data entry, finalization and cleaning must be completed by Feb 15<sup>th</sup> 2015 to be considered for the Best of the Best (BOB) award.

**You could start before September 17<sup>th</sup> 2014:** but you will have to collect data on paper forms and begin data entry after September 17<sup>th</sup>. Data must be entered, finalized and cleaned by February 15<sup>th</sup> 2015 to be considered for the BOB award.

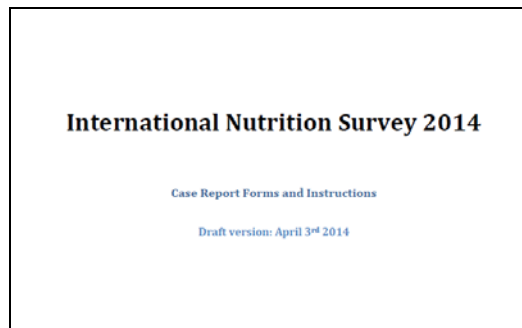
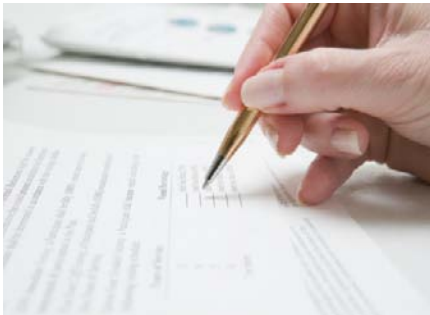
## Ethics Submission

We recommend that all sites check with their research office **as soon as possible** to determine if ethics approval is required. We have prepared a document titled ***Preparing for Ethics Submission*** (see attachment) which will help you with this process.

## Case Report Forms

The forms that outline what data must be collected and how long (i.e. Case Report Forms) are being revised and will be sent to you by end of April 2014. In the meantime, you may refer to the earlier version used in the INS 2013 to get an idea of the data collection at INS web pages of our website

[http://www.criticalcarenutrition.com/docs/INS%202013/INS\\_Final\\_26March2013\\_revised17May2013.pdf](http://www.criticalcarenutrition.com/docs/INS%202013/INS_Final_26March2013_revised17May2013.pdf)



## Website

We encourage you to familiarize yourself with INS by exploring the INS web pages of our website ([www.criticalcarenutrition.com](http://www.criticalcarenutrition.com)), including the Best of Best award. Please note that we are in the process of reviewing and updating our documents and study tools to account for our new focus on burn units. Most of the documents currently on our website are from INS 2013 but they will give you an idea of how the survey is organized. We will be in contact again as we update documents.

## Contact us

Please contact Rupinder Dhaliwal ([dhaliwar@kgh.kari.net](mailto:dhaliwar@kgh.kari.net)) if you have any questions.

